

Kainos Kapsule

A Newsletter of Chaplain John W. Cundiff, D.Min.

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<http://www.myspace.com/kainosministries>

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I waited until now to write this newsletter hoping that I might have good news to report about driving, but the defibrillator dr., who I saw Thursday, still says I have wait the full six months. However, that date is April 27. So 12:01 am April 27 I may out driving somewhere.

In March I filled in one day at the jail. I did 2 one-on-one counseling sessions with inmates in the maximum-security pod.

I also had some time to provide some training for our newest chaplain about grief and law enforcement culture.

I have enhanced the header of the newsletter. It looks better on the copy that on the web site than it does on the email.

It has been my intention to blog more on Myspace but that has not happened yet. These blogs will only be available to those that have been included in my friend list. If you have a Myspace account send me a friend request. You may want to check out my videos also. I think I have some the good ones, there is a lot of junky ones available, but these seemed to be the best. I think you will laugh at most of them. Release that stress.

I have been on the internet at vehicles and think I have decided what I want to get. I will let you know next month if I get or if I am still waiting to get it.

Next week I am going to southern Oregon with my Mom. We are staying Grants Pass. We will visit Wildlife Safari, Great Cats World Park, Kerbyville Museum, Wildlife Images Rehabilitation and Education Center, Howling Acres Wolf Sanctuary, Applegate Trail Interpretive Center, Jacksonville, and a rock museum in Central Point.

One major highlight of March was that I won the booby prize at a pinochle party. I have another pinochle game to play Saturday. I hope to do better.

Take care.

Chaplain John W. Cundiff, D.Min.

"Do not repay evil for evil or abuse for abuse, but on the contrary, repay with a blessing. It is for this that you were called—that you might inherit a blessing." 1 Peter 3:9