

## Kainos Kapsule

A Newsletter of Chaplain John W. Cundiff, D.Min.

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I am doing well. Recent adjustments to medications are good. These adjustments are signs of improvement and healing. However, the Dr.'s are still unwilling to let me drive.

For the last month I have been working on handout book on grief and loss for use by the chaplains for WCSO and deputies. It is going much slower than I first thought. Could be many reasons for this delay, the holidays, my schedule, maybe some procrastination, and the difficulty of the impossibility wanting the first draft to be perfect. I am continuing work on this project.

I was able to answer a request (through family contacts) for a chaplain at the hospital between Christmas and new years.

I am hosting a scrap booking event on Feb. 17 for people to work on their scrapbook projects for 8 hours. If you would like to come please contact me for more details. It is \$12 and I have room for 12 people.

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Take care.

Chaplain John W. Cundiff, D.Min.

*"Do not repay evil for evil or abuse for abuse; but on the contrary, repay with a blessing. It is for this that you were called—that you might inherit a blessing."*

1 Peter 3:9