

# Kainos Kapsule

A Newsletter of Chaplain John W. Cundiff, D.Min.  
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September was an eventful month. Several call outs and training meetings.

## **12-14's**

Two of these stand out. A suicide and a heart attack.

I am concerned for the spouses and the children, in particular the daughters of these men. The daughter in their late 20's and established in good careers seemed to most upset by this loss at this point in their life.

This is confirmation of what a father can mean in the life of his daughter.

## **TRAINING**

We met with the fire chaplains at their monthly meeting. It will good to periodically meet with these chaplains for mutual interaction and training. This will only help in field when we are at the same scene.

We as the community chaplains of WCSO are meeting once a month. These meeting will vary in length and what is covered. In September we heard from a patrol sergeant and from a Washington County Deputy Medical Examiner. It was good interaction with both.

## **WCCCA**

The accumulation of significant events in a short period of time created some tough times for dispatchers. Please pray for these people all the time. Don't forget that they are the first help on scene. It was good to spend several hours with these people as they answered phone calls.

## **SINGLES MINISTRY**

Both Singles Alive @ BCC and Westside Singles continue to go well. I will be at the leadership retreat for Westside Saturday Oct. 7. I am not staying for Sunday as I will be teaching Singles Alive @ Beaverton Christian Church.

## **WEBSITE ADDITIONS**

After a good meeting with my webmaster and some time writing changes and additions are coming soon to [www.kainosministries.com](http://www.kainosministries.com). I have written some things for the grief tab. A tab for singles ministry will be added. I also

expect to create a donation sheet for your use. A bio that I wrote should also be added under information.

## **PERSONAL NOTES**

As Oct. 5 is Teri's 5th yartzheit, I am experiencing thoughts and pangs in new and intense ways. The five year thing seems to different. My plan is to get out of town for the day. It is my desire not to be contacted that day. So you know and will not ask for the next 3 months, I am fine – Frustrated, Insecure, Neurotic, and Emotional. Thank you for trying to understand.

"Do not repay evil for evil or abuse for abuse; but on the contrary, repay with a blessing. It is for this that you were called—that you might inherit a blessing."

1 Peter 3:9